

Hempfield recCenter Offers American Red Cross Lifeguard Classes

With two spring sessions, participants will learn how to prevent and respond to water emergencies. Detailed training includes hands-on skills, online learning, and classroom lectures. There are written tests and online quizzes that must be completed as well. The certification, which includes first aid, CPR and AED training, is valid for two years and accepted nationwide. Participants must be 15 years old.

The cost of this course is \$197 for recCenter members, \$250 nonmembers. For additional information, contact Deb Pelen dpelen@hempfieldrec.com 717-898-3102 ext 137

Session one	Friday	Apr 24 pre-test	7:30–9:00 pm
	Friday	May 8	7:00–9:00 pm
	Sat & Sun	May 9 & 10	9:00–6:30 pm
Session two	Friday	May 1 pre-test	7:30–9:30 pm
	Friday	May 15	7:00–9:00 pm
	Sat & Sun	May 16 & 17	9:00–6:30 pm