

# Hempfield recCenter 2018 Swimming Pool Memberships

Summer is rapidly approaching and Hempfield recCenter, 950 Church Street in Landisville, is gearing up for another season of fun in the sun with special summertime memberships, programs and classes that will keep you and your family busy.

Beginning April 1 and running through the end of the month, Hempfield recCenter encourages you to **discover** and take advantage of its special pool membership rates.

Get access to both the Hempfield recCenter indoor and feature pools, as well as the East Petersburg outdoor pool, for a one-time rate.

- Single membership: \$145 (resident), \$165 (nonresident)
- Couple membership: \$215 (resident), \$235 (nonresident)
- Family membership: (up to 4 people): \$260 (resident), \$280 (nonresident)
- Senior membership: \$85 (resident), \$105 (nonresident)

Beginning May 1, an additional \$10 will be added to each membership.

The membership gains you access not only to those two facilities but, also, to the water aerobics classes offered at them daily. From shallow and deep water classes to hydro fit, all are at your disposal with your Hempfield recCenter summer pool membership and ready to help you **connect** with new faces and motivational instructors.

For senior members, Hempfield recCenter provides low impact SilverSneakers® aquatic classes aimed at inspiring fitness regardless of age. The classes, free with membership, not only encourage fitness but create a sense of community **belonging**.

New this season is Aqua Stand Up®, a paddleboard class featuring a full body workout that incorporates cardiovascular exercise, yoga, pilates and muscle development while also promoting improved balance. The classes are available at an additional fee.

Hempfield recCenter continues its commitment to teaching youth swim lessons through the acclaimed SwimAmerica™ program. Occurring throughout the week, the program carries a four-to-one student-to-instructor ratio, ensuring your swimmer receives as much attention as possible. Students move from level to level, developing specific skills and strokes along the way.

Swim classes will be held at Hempfield and East Petersburg for children of both preschool (3-5) and school (5-12) ages.

The organization will also hold Aqua Tots, a program dedicated to children age six months to 36 months, at both locations. Designed to get tots acclimated to the water using games and songs, with a parent or caregiver accompanying them in the pool, it will be held Saturdays from June 9 through July 28 at Hempfield and July 7 through August 1 at East Petersburg.

For more information, visit [HempfieldRec.com](http://HempfieldRec.com).